



**BETWEEN HUMANITARIAN ACTION  
AND SOCIAL EMPOWERMENT IN  
HEALTH AND WELFARE:  
The cases of NGOs and of Integrative Care**

**Intensive Week  
of  
Phoenix-EM Master *Dynamics of Health and Welfare***

**26 to 29 November 2007 at the Universitat Autònoma de Barcelona  
Escola de Postgrau, Sala d'Actes (Campus de Bellaterra)**

**30 November 2007 at the Delegació del CSIC a Catalunya  
Sala d'Actes (Egipciaques, 15 08001 Barcelona)**

**Coordinated by Jon Arrizabalaga (CSIC-IMF) and Josefina Caminal (UAB)**



CONSELL SUPERIOR  
D'INVESTIGACIONS  
CIENTÍFIQUES  
Institució Milà i Fontanals



## PRESENTATION

Strictly speaking, humanitarianism is the institutionalisation of compassion, and represents the spreading of welfare and help from the narrow family and town circles where they had been limited so far, to society as a whole. By definition, humanitarianism is universalistic, in that it assumes that human beings are worthy of respect in their ailments and physical and moral blights, beyond the borders of political and religious ideologies. From their beginnings in the nineteenth-century philanthropic movements until now, the NGOs that operate in the field of health and community welfare have deployed at very different levels (national, international, transnational) humanitarian urgent actions on the occasion of natural catastrophes and wars and/or more sustained activities in connection with co-operation and development, ranging from research, information distribution, training, local organization, and community service to legal advocacy, lobbying for legislative change, and civil disobedience.

The advent of patient self-help and support groups, as well as the current tendency to Integrative Care, help to shape the future with a real social empowerment. Medicine is not just about knowledge and practice, healing and caring. It is about power: the powers of doctors and of patients, of institutions such as a churches, charities, insurance companies, or pharmaceutical manufacturers, and specially governments, in peacetime or in war. Authoritarianism in medicine has been much eroded; many patients now expect to be advised rather than instructed on their treatment, and given an opportunity to express their own preferences when there is more than one possible course of action. The role of healer is one that many unorthodox practitioners are happy to adopt. And in assuming it they sometimes prove better than orthodox medicine at offering comfort in chronic illness, and solace when no treatment is effective. Complementary and Alternative Medicines, as a part of Integrative Care, show no signs of diminishing in public esteem, not least because one of their concerns is for the quality of patients' lives.

The core of the 2007 edition of the UAB Intensive Week of *Phoenix-EM Master Dynamics of Health and Welfare* is the Workshop "Between humanitarian action and social empowerment: the role of NGOs in health and welfare", organised by the *Phoenix-TN Working Group Welfare, Health and NGOs* and the *Equity in Health and Network Dynamics Research Group*. It is intended to approach the NGOs' role in the modern world with particular attention to a number of theoretical issues (legal, political, ethical) as well

as to some present-time and historical case studies in order to stimulate a critical, interdisciplinary view, and prospects in health and welfare.

This Intensive Week is supplemented by the seminar “Complementary and alternative medicines in Catalonia today: What are health professionals thinking about?” organised by the *Equity in Health and Network Dynamics Research Group*, where the current tendency to integrative care models is analysed and discussed.

<b>DAY</b>	<b>SCHEDULE</b>	<b>PARTICIPANTS</b>	<b>TOPICS</b>
<b>Monday 26</b> <b>INTENSIVE WEEK</b> <b>PRESENTATION</b>	9:30-10:30 Registration		
	10:30-11:00 Inauguration and welcoming remarks	Antoni Méndez (Vicerector d'Estudis i Qualitat de la Universitat Autònoma de Barcelona)	
	11:00-12:30 Inaugural lecture	Victoria Camps (Universitat Autònoma de Barcelona)	Ethics and citizenship for community welfare
<b>Tuesday 27</b> <b>WORKSHOP</b>	Morning 9:30-10:30	Helena Torroja Mateu (Universitat de Barcelona)	Humanitarian action and international public law
	10:30-11:30	Thomas Richard Davies (City University, London)	Transnational civil society: Contested interpretations
	12:00-13:00	Laura Guisasola (Universitat Politécnica de Catalunya)	NGOs and sustainable development: The credibility of action
<b>Wednesday 28</b> <b>WORKSHOP</b>	Morning 9:30-10:30	Livia Popescu (Babes-Bolyai University, Cluj)	The emergence of the volunteer sector in the Interwar Romania. Lessons for nowadays
	10:30-11:30	Teresa Forcades (Facultat de Teologia de Catalunya)	Transnational pharmaceutical companies, essential drugs and NGOs
	12:00-13:00	Josep Allué (Universitat Autònoma de Barcelona)	The appropriation of indigenous communities' traditional therapeutic heritage
	Afternoon 15:45-18:45 Cinema-forum ( <i>Cinema UAB</i> <i>Plaça cívica</i> )	Carlos Taberner (Universitat Oberta de Catalunya)	"The constant gardener", directed by Fernando Meirelles (2005)
<b>Thursday 29</b> <b>WORKSHOP</b>	Morning 9:00-10:00	José Valenzuela (Universidad de Granada)	Before the NGOs: charity, health and welfare in Old- Regime Spain
	10:00-11:00	Jon Arrizabalaga (CSIC-IMF / CEHIC-UAB)	Humanitarianism, war and health: the case of the Spanish Red Cross, 1864- 1876
	11:30-12:30	Rosa Ballester (Universidad Miguel Hernández, Alicante)	Philanthropy and politics in Spain: the crusade against polio, 1940-1965

	12:30-13:30	Alfredo Menéndez Navarro (Universidad de Granada)	Health insurance and political repression: coping with occupational health in Franco Spain
	Afternoon Cinema-forum 15:30-17:30 (Sala de Graus. Facultat de Ciències Econòmiques)	Juan Antonio Rodríguez Sánchez (Universidad de Salamanca)	“Caro diario”, directed by Nanni Moretti (1994)
<b>Friday 30 SEMINAR</b>	Morning Inaugural session 10:00-10:30	Marta Aymerich (Agència d’Avaluació de Tecnologies i Recerca Mèdiques, Generalitat de Catalunya)	From the research to the practise in Health and Welfare
	Lecture 10:30-11:30	Juan Antonio Rodríguez Sánchez (Universidad de Salamanca)	Borders without boundaries: Non conventional therapies during 19th and 20th centuries
	Presentation of the research results 12:00-12:30	Josefina Caminal (Universitat Autònoma de Barcelona)	Map of Complementary and Alternative Medicines (CAMs), and its contribution to the Health Care System in Catalonia
	Round table 12.30-14:00	Representative members of Medical, Pharmacy, Nursing, Physiotherapy and Psychology Associations  Chairperson: Teresa Forcades (Facultat de Teologia de Catalunya)	Academic training and CAMs: An interdisciplinary approach to health